

1730

**THE
MOUNT SINAI
HOSPITAL
SCHOOL OF NURSING
NEW YORK CITY**



The Mount Sinai Hospital School of Nursing

Registered by the State Board of Regents
of the State of New York



Announcement



No. 5 East 98th Street
New York City
1930



View of Hospital Buildings from Central Park

TABLE OF CONTENTS

	PAGE
Officials of School of Nursing	6
Medical Lecturers Staff	7
Officers of Administration and Instruction	8
History of Hospital and its Clinical Resources	21
Description of New Building and General Statement	24
Scholarships and Special Endowment Funds	29
Requirements for Admission and Graduation	33
Educational Facilities	41
Curriculum	43
Description of Courses	45
Clinical Experience and Instruction	58
Advantages Peculiar to the Profession of Nursing	59
Alumnæ Association	63
Special Advice to Candidates	64



School of Nursing—Front View



Rear of School of Nursing Showing Tennis Courts

OFFICERS AND DIRECTORS OF THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING

HUGO BLUMENTHAL.....	<i>President</i>
CHARLES A. WIMPFHEIMER.....	<i>Vice-President</i>
WILLIAM D. SCHOLLE.....	<i>Treasurer</i>
EDWIN BEROLZHEIMER.....	<i>Secretary</i>

DIRECTORS

GEORGE BLUMENTHAL	ERNST ROSENFELD
HENRY L. CALMAN	EDWIN BEROLZHEIMER
PHILIP J. GOODHART	WILLIAM D. SCHOLLE
WALDEMAR KOPS	ELI WINKLER
HUGO BLUMENTHAL	ALBERT STERN
CHARLES A. WIMPFHEIMER	PAUL M. ROSENTHAL

MEDICAL COMMITTEE

LEO KESSEL, M.D., <i>Chairman</i>	
BELA SCHICK, M.D.	RICHARD LEWISOHN, M.D.

PHYSICIANS TO THE SCHOOL

LEO KESSEL, M.D., <i>Consultant</i>	
David Beck, M.D.	DANIEL POLL, M.D.
	IRA COHEN, M.D.

CONSULTANT TO THE SCHOOL OF NURSING

S. S. GOLDWATER, M.D.

DIRECTOR OF THE HOSPITAL

JOSEPH TURNER, M.D.

PRINCIPAL OF THE SCHOOL OF NURSING AND SUPERINTENDENT OF NURSES

ELIZABETH A. GREENER, R.N.

SPECIAL MEDICAL LECTURERS TO
SCHOOL OF NURSING

<i>Subject</i>	<i>Lecturer</i>
<i>Medicine</i>	HARRY I. WEINSTOCK, M.D.
	BENJAMIN ELIASOPH, M.D.
<i>Surgery</i>	LEO EDELMAN, M.D.
	ARTHUR TOUROFF, M.D.
<i>Psychiatry and Mental Hygiene</i>	IRA S. WILE, M.D.
	C. P. OBERNDORF, M.D.
	DUDLEY SCHOENFELD, M.D.
	MONROE A. MEYER, M.D.
	SAMUEL ORGEL, M.D.
	SARA BONNETT, M.D.
<i>Pediatrics</i>	ALEXANDER LARAND, M.D.
	BELA SCHICK, M.D.
	B. F. DENZER, M.D.
	WILLIAM L. ROST, M.D.
	JEROME L. KOHN, M.D.
<i>Contagion</i>	HENRY W. BERG, M.D.
<i>Pathology</i>	COLEMAN B. RABIN, M.D.
<i>Laryngology</i>	SIDNEY YANKAUER, M.D.
	RUDOLPH KRAMER, M.D.
	MERVIN C. MEYERSON, M.D.
	LOUIS KLEINFELD, M.D.
<i>Otology</i>	ISIDORE FRIESNER, M.D.
	SAMUEL ROSEN, M.D.
	JOSEPH DRUSS, M.D.
<i>Dermatology</i>	WALTER J. HIGHMAN, M.D.
<i>Ophthalmology</i>	JULIUS WOLFF, M.D.

OFFICERS OF ADMINISTRATION AND INSTRUCTION OF THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING

ELIZABETH A. GREENER, R.N.

Principal of the School of Nursing; Superintendent of Nurses.

Diploma, The New York City Hospital School of Nursing, 1902; Certificate, Postgraduate work, Operating Room, The New York City Hospital; Resident Nurse, The Worcester Academy, Worcester, Massachusetts, 1902-1903; Assistant Superintendent of Nurses, The New York City Hospital School of Nursing, 1903-1908; Superintendent of Hackley Hospital and Principal of The School of Nursing, Muskegan, Michigan, 1908-1914; Principal of The Mount Sinai Hospital School of Nursing and Superintendent of Nurses, 1914—.

Decoration, French Government, Medaille d'Honneur de l'Hygiene, 1927.

MARY P. BROWN, R.N.

Assistant Superintendent of Nurses.

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1919. Diploma, Manhattan Maternity, New York City, 1918; Head Nurse, Mount Sinai Hospital, New York City, 1920-1921; Supervisor, Medical Pavilion, Mount Sinai Hospital, 1921-1922; Instructor, Mount Sinai Hospital School of Nursing, 1922-1925; Assistant Superintendent of Nurses, Mount Sinai Hospital, 1925—.

MAUDE E. CALHOUN LYLE, R.N., B.S.

Assistant Principal of the School of Nursing.

Diploma, Philadelphia General Hospital, Philadelphia, Pa., 1912; B.S., Teachers College, Columbia University, 1929; Diploma, Administration in Schools of Nursing, Teachers College, 1929; Diploma, Anesthesia, University of Pennsylvania Hospital, Philadelphia, 1915; Head Nurse, Philadelphia General Hospital, 1912-1914; Anesthetist, Philadelphia General Hospital, 1915-1917; Anesthetist, Lying-in Hospital, New York City, 1917-1918; Superintendent of Nurses, St. Francis' Hospital, Trenton, New Jersey, 1918-1919; Private Duty, 1919-1923; Superintendent of Ossining Hospital, Ossining, New York, 1923-1926; Principal of the Ossining Hospital School of Nursing, 1923-1926; Director of The Nursing Service, United Israel Zion Hospital, Brooklyn, 1926-1928; Student, Teachers College, 1928-1929; Assistant Principal of the School of Nursing, Mount Sinai Hospital School of Nursing, 1929—.

MAY L. CROUCH, B.S., R.N.

Educational Director.

Diploma, School of Nursing and Health, University of Cincinnati, 1923; B.S., University of Cincinnati, 1924; Supervisor, Pediatrics and Obstetrics,

Cincinnati General Hospital, 1923-1924; Assistant Instructor, School of Nursing and Health, University of Cincinnati, 1924; Educational Director, The Childrens Hospital School of Nursing, Philadelphia, 1924-1925; Educational Director, The Mount Sinai Hospital School of Nursing, 1925—.

CATHERINE E. GOODINE, R.N.

Instructor of Nursing Procedure.

Diploma, Fredericton Normal School, Fredericton, N. B., Canada, 1912; Instructor, Fredericton Normal School, Fredericton, 1912-1914; Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1917; Head Nurse, The Mount Sinai Hospital, 1918-1919; Assistant Supervisor, Private Pavilion, The Mount Sinai Hospital, 1919-1921; Assistant Dispensary Supervisor, Los Angeles, California, 1921-1922; Private Duty, 1922-1923; Assistant Supervisor, Private Pavilion, The Mount Sinai Hospital, 1923-1925; Instructor, Nursing Procedures, The Mount Sinai Hospital School of Nursing, 1925—.

ADELINE WOOD, B.S.

Supervisor of Dietetics.

B.S., University of Illinois, 1916; Dietitian, St. Lukes Hospital, Chicago, 1917-1919; Dietitian, University Hospital, Omaha, Nebraska, 1920; Dietitian, Walter Reed Hospital, Washington, 1921; Lunch Manager, Schraffts, New York City, 1922-1925; Supervisor of Dietetics, The Mount Sinai Hospital, 1925—.

ELLA COLEMAN, B.S.

Assistant Instructor of Dietetics.

B.S., State Teachers College, Buffalo, New York, 1927; Postgraduate Student, Syracuse University, 1928; Instructor, Home Economics, Public Schools, Summer, 1923-1927; Assistant Director of Dietetics, Bradford Girl Scout Camp, Lake Chataqua, Summer, 1929; Assistant Instructor of Dietetics, The Mount Sinai Hospital School of Nursing, 1929—.

MAY M. SLATER, R.N.

Supervisor, Out-Patient Department.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1906; Head Nurse, The Mount Sinai Hospital, 1906-1908; Night Supervisor, The Mount Sinai Hospital, 1908-1910; Student, Teachers College, 1910-1911; Instructor and Assistant Superintendent of Nurses, Lebanon Hospital, Lebanon, New York, 1911-1912; Supervisor, Out-Patient Department, The Mount Sinai Hospital, 1913—.

NELLIE PORTER, R.N.

Supervisor and Instructor, Operating Rooms.

Diploma, Peter Bent Brigham Hospital School of Nursing, Boston, Mass., 1919; Diploma, New York Nursery and Childs Hospital, 1919; Head Nurse, Peter Bent Brigham Hospital, 1919-1920; Night Supervisor, Peter Bent Brigham Hospital, 1920-1921; Day Supervisor, Peter Bent Brigham

THE MOUNT SINAI HOSPITAL

Hospital, 1921-1922; Private Duty, 1922-1924; Operating Room Supervisor, Peter Bent Brigham Hospital, 1924-1927; Assistant Superintendent, Cambridge Hospital, Cambridge, Mass., 1927-1928; Supervisor and Instructor, Operating Rooms, The Mount Sinai Hospital, 1928—.

MARY E. ERWIN, R.N.

Supervisor, Private Pavilion.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1914; Head Nurse, The Mount Sinai Hospital, 1914-1915; Supervisor and Instructor in Operating Room Technique, The Mount Sinai Hospital, 1915-1917; Supervisor, Private Pavilion, The Mount Sinai Hospital, 1917—.

EDITH G. RYAN, R.N.

Supervisor and Instructor, Surgical Pavilion.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1916; Diploma, Sloane Hospital for Women, New York City, 1915; Head Nurse, Surgical Pavilion, The Mount Sinai Hospital, 1917-1919; Supervisor, Surgical Pavilion, The Mount Sinai Hospital, 1919—.

CORA BALL, R.N.

Supervisor, Pediatric Pavilion; Assistant Instructor in Pediatrics.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1914; Diploma, Lying-in Hospital, New York, 1913; Assistant Head Nurse, Night, The Mount Sinai Hospital, 1914-1916; Supervisor, Pediatric Department, The Mount Sinai Hospital, 1916-1917; Overseas, The Mount Sinai Hospital Unit, 1917-1919; Supervisor, Pediatric Department, The Mount Sinai Hospital, and Assistant Instructor in Pediatrics, The Mount Sinai Hospital School of Nursing, 1919—.

M. FLORENCE STAPLETON, R.N.

Supervisor and Instructor, Medical Pavilion.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1927; Diploma, Sloane Hospital for Women, New York City, 1926; Head Nurse, The Mount Sinai Hospital, 1927-1928; Supervisor and Instructor, Medical Pavilion, The Mount Sinai Hospital, 1928—.

RUTH CHAMBERLAIN, R.N.

Night Supervisor, Main Hospital.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1928; Head Nurse, The Mount Sinai Hospital, 1928-1929; Night Supervisor, The Mount Sinai Hospital, 1929—.

FANNIE LISSAUER, B.S., R.N.

Instructor, Public Health and Social Service Nursing.

Diploma, The Mount Sinai Hospital School of Nursing, 1913; B.S., Columbia University, 1918; Assistant to Executive Secretary, the Hospital Social Service Association, 1922-1923; Social Service Worker, The Mount Sinai Hospital, 1923—.



Recreation and Assembly Hall

1906-7
H. J. C. C. C.

THE MOUNT SINAI HOSPITAL

MARION CROZIER, A.B., A.M.

Director, Physical Education and Social Activities.

A.B., Smith College, 1910; A.M., Columbia University, 1927; Graduate Student, Department of Hygiene and Physical Education, Wellsley College, 1918-1919; Director, Physical Education and Social Activities, The Mount Sinai Hospital School of Nursing, 1928—.

MARY F. EKEY, R.N.

Assistant Instructor of Sciences.

Diploma, Elementary Education, Ohio University, 1920; Diploma, School of Nursing and Health, University of Cincinnati, 1925; Graduate Student, University of Cincinnati, 1925-1926; Instructor of Sciences, The Mount Sinai Hospital School of Nursing, 1926—.

AUGUSTA PFROMMER, R.N.

Assistant Instructor of Nursing Procedures.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1928; Assistant Instructor in Nursing Procedures, The Mount Sinai Hospital School of Nursing, 1929—.

LOUISE M. COSTING, R.N.

Assistant Instructor in Nursing Procedures.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1929; Assistant Instructor in Nursing Procedures, The Mount Sinai Hospital School of Nursing, 1929—.

MARGARET BOYER, Ph.B.

Instructor in Massage.

Ph.B., Denison University, Denison, Ohio, 1915; Instructor, Public Schools, Bethel Township, Allegheny County, Pennsylvania, 1916-1917; Diploma, New York City Hospital, 1920; Instructor, Henry Street Settlement, 1921; Diploma, New York School of Physiotherapy, 1923; Instructor, Massage, The Mount Sinai Hospital School of Nursing, 1928—.

MARIE DOWLER, R.N.

Supervisor, Private Operating Rooms.

Diploma, Grant Hospital, Columbus, Ohio, 1924; Supervisor, Operating Rooms, Grant Hospital, 1924-1927; Student, Teachers College, Columbia University, Summer Session, 1927; Supervisor, Private Pavilion Operating Rooms, The Mount Sinai Hospital, 1927—.

PATIENCE EARNEST, R.N.

Night Supervisor, Private Pavilion.

Diploma, The Mount Sinai Hospital School of Nursing, New York City, 1925; Head Nurse, The Mount Sinai Hospital, 1925-1926; Night Supervisor, Private Pavilion, The Mount Sinai Hospital, 1926—.

LUCIE SCHOLVIEN

Technician, Dept. of Radiology.

Certificate, Radiology, Dr. Immelmans Institution, Berlin, Germany, 1914; Diploma, Nursing, The Reserve Hospital of Third Army, Berlin, 1918; Graduate Student, Lette-Hans Institution, Berlin, 1918-1919; Technician, Dr. Wempner's Institution, Wittenberge, 1919-1921; Technician, Dr. Caan's Institution, Frankfort, Germany, 1921-1923; Technician, The Mount Sinai Hospital, 1923—.

HEAD NURSES—MEDICAL, SURGICAL AND PEDIATRIC DEPARTMENT

MADELEINE L. TISH, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1910.

KATHLEEN BETHEL, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1922.

AVIS FINCKENAUER, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1927.

PEARL LOVELY, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

SARA PASMAN, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

LOUISE MEIER, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1927.

MARY SANKO, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1929.

MOLLIE STOPSKY, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

FRANCES BARRON, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

KATHRYN KISHBAUGH, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1927.

AGNES RICHARDSON, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

KATHLEEN GRIFFIN, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

MARION IRVING, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

ELIZABETH FARNHAM, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1929.

GRACE SUMNER, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1929.



Main Foyer—Nurses' Home



Entrance to Student Nurses' Dining Room

THE MOUNT SINAI HOSPITAL

MARGARET BLAKE, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1927.

NORA RYAN, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

RUTH HALIDAY, R.N.

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1929.

ELSIE MAYBURN MACLEAN, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1929.

FLORENCE AGNES DWYER, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1929.

LILLIAN FRANCES FISHER, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1929.

HEAD NURSES—PRIVATE PAVILION

AMY MENDELS, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1920.

DOROTHY HYDE, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1927.

ANNA COLLINS, R.N., Mass.; New York

Diploma, Boston City Hospital, Boston, Mass., 1919.

DOROTHY MELLOWS, R.N., New York

Diploma, Torbay Hospital, Torquay, England, 1920.

CONSTANCE ROSS, R.N., Canada; New York

Diploma, Provincial Royal Jubelle Hospital, Victoria, B. C., 1928.

CECELIA MCCORMICK, R.N., Ontario, Canada

Diploma, Ontario Hospital, Brockville, Ont., Can., 1928.

ORILLIA KELLY, R.N., Province of Nova Scotia

Diploma, Glace Bay General Hospital, Glace Bay, N. S., 1928.

MARY MCLEAN, R.N., Province of Nova Scotia

Diploma, Glace Bay General Hospital, Glace Bay, N. S., 1928.

JULIA WIEDENIG, R.N., Illinois

Diploma, Columbus Hospital, Chicago, Ill., 1929.

MARGARET KOLLING, R.N., Iowa; Michigan

Diploma, Iowa Methodist Hospital, Des Moines, Iowa, 1925.

PAULINE DOONAN, R.N., Georgia

Diploma, Savannah Hospital, Savannah, Georgia, 1928.

RUTH CAPE, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1927.

MARGARET NELSON, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

LUCY PURDY, R.N., New Brunswick

Diploma, Moncton City Hospital, Moncton, N. B., Can., 1927.

SCHOOL OF NURSING

BEATRICE MACINTOSH, R.N., Canada; New York

Diploma, Toronto Orthopedic Hospital, Toronto, Ont., Can., 1929.

ANNA WILLIAMS, R.N.

Diploma, Mount Sinai Hospital School of Nursing, Baltimore, Md., 1920.

OPERATING ROOM ASSISTANTS

ADARIAN RORICK, R.N., New York

Diploma, The Frederick Ferris Thompson Memorial Hospital, Canandaigua, New York, 1923.

ELSIE JOHNSON, R.N., Mass.; New York

Diploma, Peter Bent Brigham Hospital, Boston, Mass., 1923.

RUTH BARTHEL, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

MARGUERITE MURPHY, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1929.

WALDA BENSON, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1929.

MARGARET HALPIN, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1927.

ANNA OCHS, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

CATHRYN MOLCHAN, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1927.

EDNA SHARRITT, R.N., Ohio; New York

Diploma, Grant Hospital, Columbus, Ohio, 1924.

THERESA DOMENIC, R.N., New York

Diploma, Metropolitan Hospital School for Nurses, Welfare Is., New York City, 1925.

MILDRED PETERSON, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

RUTHEILEEN ELLIOTT, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1928.

MAY WILLSIE, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1907.

HEAD NURSES—OUT-PATIENT DEPARTMENT

BERNICE MENDELS, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1920.

DOROTHY CHRISTIE, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1925.

ANNA LITTLE, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1919.

THE MOUNT SINAI HOSPITAL

SARA CORWIN, R.N., New York

Diploma, United Hospital of Port Chester, Port Chester, N. Y., 1926.

ROSE CROOG, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1929.

CHRISTINE WRIGLEY, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1927.

HEAD NURSES—SPECIAL DEPARTMENTS

HELEN MOSIER, R.N., New York, *Radiology*

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1926.

PETREA PETERSON, R.N., New York; Canada; *Physiotherapy*

Diploma, Toronto Orthopedic Hospital, Toronto, Canada, 1913.

ASSISTANTS IN OFFICE OF SCHOOL OF NURSING

ANN IRONS, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1922.

CHARLOTTE DIEHL, R.N., New York

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1929.

IDA TAYLOR, *Secretary to Principal of School of Nursing.*

MARION VON AHNEN, *Secretary, Educational Department.*

OLGA ALLERS, *Registrar.*

MARION DOHERTY, *Assistant Registrar.*

GRACE BOYER, *Clerical Assistant.*

JANE BEAIRSTOW, *Information Desk.*

MADLINE GRIGNARD, *Information Desk.*

NURSES' HOME

A. KATRINA KNAUF, *Matron.*

ELIZABETH MURPHY, R.N., Michigan, *House Mother.*

Diploma, Chicago Homeopathic Hospital, Chicago, Ill., 1896.

JEAN DEWART, R.N., New York, *Charge, Nurses' Infirmary.*

Diploma, Mount Sinai Hospital School of Nursing, New York City, 1929.

RUTH CLEMENTS, B.S., *Dietitian.*

B.S., Simpson College, Indianola, Iowa, 1924; Instructor, Home Economics, Public Schools, Hornick, Iowa, 1924-1925; Instructor, Home Economics, Public Schools, New York City, 1925-1926; Assistant Dietitian, The Mount Sinai Hospital, 1926-1928; Dietitian, Nurses' Home, The Mount Sinai Hospital School of Nursing, 1929—.



Nurses' Lounge



Social Fiction Library

THE MOUNT SINAI HOSPITAL—HISTORY AND CLINICAL RESOURCES

The Mount Sinai Hospital was incorporated in 1852. Its first building was a small private dwelling in 28th Street between 7th and 8th Avenues, which accommodated twenty-eight patients. In 1871, the institution was moved to Lexington Avenue between 67th and 69th Streets, where in a new and larger building two hundred patients were accommodated.

In 1904 the Hospital took possession of its new plant, consisting of ten connected buildings covering the entire block bounded by Madison Avenue, 100th Street, Fifth Avenue, and 101st Street. These buildings, with a capacity of 500 patients, soon proved inadequate. The Hospital accordingly acquired twenty-five lots fronting on Fifth Avenue, the south side of 100th Street and the north side of 99th Street, and on this new site the erection of seven buildings was begun in 1914. Construction was suspended during the war, after the completion of four of these buildings, but was resumed in 1919, and in the spring of 1922 the Hospital opened its new private pavilion, children's pavilion, and auditorium.

In 1923 and 1924 the Hospital acquired seventeen additional lots fronting on Fifth Avenue, 98th and 99th Streets, and on part of the property have erected an entirely new school and dormitory building, which is believed to be the largest building in the world devoted exclusively to Nursing Education.

Of the eighteen buildings now occupied by the Hospital, two are devoted exclusively to out-patient work, in which more than seven hundred out-patients are cared for daily. Upon completion of authorized alterations to two of the buildings erected in 1904, the Hospital will have a capacity of seven hundred and fifty beds. The Children's Pavilion and Private Pavilion are frequently spoken of as among the most perfectly appointed of hospital buildings. These together with the out-patient department add to the rich and varied clinical material of the wards, all of which is available for the thorough scientific education of the student nurse.

*Reporting
for Duty*



*Supervisor's
Sitting Room*



*Entrance
to School*





*Small
Reception
Room*



*"Tea and
Bridge"*



*Reference
Library*

DESCRIPTION OF NEW BUILDING AND GENERAL STATEMENT

The Mount Sinai Hospital School of Nursing, established in 1881 has grown steadily and is to-day one of the largest and best known schools in the country. In 1905, in accordance with the New York State Law enacted in that year, the school was registered by the Board of Regents of the State of New York. The School is now in its forty-ninth year and has graduated over sixteen hundred nurses.

The recently completed school and residence is the largest and most complete unit of its kind in the world. The building is of variegated red brick, trimmed with limestone and is absolutely fire proof. It connects with the Hospital buildings by a tiled subway giving entrance to the sub-basement. It is built in an H-shaped design with small courts at either side and a large center courtway formed by the projection of the side wings. The building with its courtways, has a frontage of 175 feet on 98th Street with wings extending back about 114 feet.

As the basement or hospital approach is used more frequently than the street entrance the description of the building naturally starts from that point. The connecting corridor is beautifully tiled, well lighted and heated and terminates in a commodious lobby facing the passenger elevators. On the corridor level are located the linen and storerooms, trunk room, nurses' laundry, nurses' sewing room and an especially attractive shampoo room. On the ground floor, or the floor next above, are found the kitchen and dining rooms. The kitchen is fully equipped and entirely independent so that the Nurses' Home does not depend on service of the Main Hospital kitchen. The large dining room for student nurses has windows on two sides and is finished with rubber flooring and with a highly ornamental faience tile wainscot. Sound-absorbing material has been installed in the ceiling in the interest of quiet. Color has been used most artistically throughout the entire building. This is especially noticeable in the large dining room with its soft gold and brown tones of tile.

The Main floor with its spacious entrance and beautiful

marble corridors, its handsome paneled living room and library, assembly hall and small special reception rooms, produces an effect of dignity, elegance and charm. The Street entrance opens on a handsome foyer hall finished in French stone. Immediately adjoining the lobby is a reception alcove and opposite this an information desk and office with telephone, switch-board, post office, buzzer signals to each room, etc.

In the center of the building there is a large hall for informal recreation, dancing, school theatricals and public affairs; this hall is large enough to seat approximately 400 persons and has a curtained stage and two small dressing rooms.

Perhaps the most attractive feature of the first floor is the large living room. This, like the adjacent library is finished with wood paneling and both rooms are beautifully furnished with luxurious couches, chairs, lamps and hangings.

The second floor of the new building is devoted wholly to teaching. There are three lecture rooms, the largest of which seats 150 students. The large demonstration room with utility room, linen room and kitchen is equal in size to the larger lecture room. There are two separate studies for the older and younger nurses, respectively, a teaching room for massage, and a well equipped laboratory for the teaching of the sciences, and in addition there is an office and examining room for the school physician.

The dormitory floors, the third to the eleventh inclusive, are designed for student nurses. A few of the larger rooms on these floors are equipped for double occupancy, but approximately 80 per cent of the capacity of the home is in single rooms. For each nurse there is a built-in wardrobe closet with a section for hanging clothes and an adjoining section containing shelves and sliding drawers. There is a wash basin, medicine cabinet and long mirror in each room. On each dormitory floor is found an informal sitting room for general use and a kitchenette.

The fourteenth floor is divided into three separate parts. Over the west wing there is a completely equipped infirmary with accommodations for twelve nurses. Surmounting the center portion of the building is a gymnasium, appropriately



Student's Bedroom

designed with a high ceiling and with huge windows to north and south. The east wing of the roof includes covered and uncovered sections from which one may look down on Central Park and across the Hudson to the Palisades or across the East River to Long Island Sound and the marvelous Hell Gate Bridge and Viaduct.

According to the *American Journal of Nursing*, "No thought, effort or expense has been spared to make this school of Nursing a worthy tribute to the generations of Nurses who have gone out from Mount Sinai or to provide foundation for and incentive to even greater happiness and efficiency."

It is the earnest purpose of the School to maintain a standard commensurate with the unusual opportunities it has to offer, and to assist in meeting the demand of the public for a more complete and well rounded education for nurses. It is a well recognized fact that trained nurses are an essential factor in the effort of society to deal with important social problems. In the thorough course of study and practical experience offered, adequate preparation is given for any of the many careers now open to the well-trained graduate nurse.

It is of the greatest importance to every school of Nursing that the hospital with which it is associated shall be in a position to afford the fullest opportunity for comprehensive and thorough nursing education. The Mount Sinai Hospital with its 650 beds offers exceptional advantages in every respect to its students. Nurses who enroll for training are assured of excellent and varied clinical experience in medicine, surgery, pediatrics, gynecology and neurology—in addition to special services. By arrangement with the Trustees of the Sloane Hospital for Women, one of the units of the Columbia-Presbyterian Hospital Medical Center, each student nurse receives her theoretical and practical experience in that institution and is awarded a certificate at the end of her three-months' course.

Every student is given a systematic course of instruction and nursing practice in each department according to a prearranged schedule. Each student is also permitted to elect four months of specialized experience in any section of the hospital including Social Service and Out-patient department. Through affiliation

the opportunity is afforded for elective work in contagion at the Willard Parker Hospital, in special mental nursing at Bloomingdale Hospital and in district nursing at the Henry Street Settlement.

SCHOLARSHIPS AND SPECIAL ENDOWMENT FUNDS

The Training School is unique in its possession of special endowment funds the interest of which is used for the benefit of the student nurses. In all, these funds represent a capital of over one hundred and eighty thousand dollars, and they indicate in a most substantial manner the deep interest taken in the school by the Board of Directors and its friends.

The Murry Guggenheim Scholarship Fund \$25,000.00

Established in 1905 to provide annually twelve scholarship awards, of one hundred dollars each, to students who have shown exceptional ability during the year.

Six of these scholarships are awarded to the senior class, three to the intermediate class and three to the junior class.

The Fund is administered by the Board of the Training School, but the selection of the students to whom prizes are awarded is in the hands of the superintendent of the Training School and her staff.

Albert W. Scholle Memorial Fund \$65,000.00

Founded by William and Frederic Scholle as a tribute to the memory of their father, to provide a vacation and recreation fund for Mount Sinai Hospital students and nurses.

Estelle and Hugo Blumenthal Scholarship and Graduation Fund \$37,000.00

Founded by Estelle and Hugo Blumenthal to provide an annual scholarship to the student of the graduation class chosen for special fitness to advance in the profession of nursing by taking a postgraduate course in Columbia University. This fund also provides a prize of \$25.00 to each graduating student.

Emil Berolzheimer Memorial Fund \$20,000.00

Founded by Mrs. Emil Berolzheimer in memory of her husband, Emil Berolzheimer. The income to be used for higher education of students.

Jacques D. Wimpfheimer Memorial Fund \$10,000.00

Founded by Charles Wimpfheimer in memory of his son, Jacques P. Wimpfheimer. Any student requiring financial assistance during training may call upon this fund.

Lillie Stern Scholle Pleasure Fund \$9,000.00

Founded by Albert W. Scholle. The income to be used largely to defray expenses of parties, dances and social gatherings of the students.

Mr. and Mrs. S. S. Steiner Fund \$5,000.00

Established by Mr. and Mrs. S. S. Steiner. The income to be used for the relief of needy graduate nurses of the school.

Kalman and Harriet F. Haas Fund \$3,000.00

Founded by Kalman Haas. The income to be used for the general purposes of the school.

Carrie Untermeyer Fund \$2,600.00

Founded by Mrs. Carrie Untermeyer. To establish an award of \$100.00 annually to the student graduating who has the best record for kindness and proficiency in actual bedside nursing.

Berthold Levi Fund \$2,500.00

Founded by Mrs. Berthold Levi in memory of Berthold Levi. The income to be used for higher education of students.

Eugene Meyer, Jr., Library Fund \$2,000.00

Founded by Eugene Meyer, Jr. The income to be used to supply books and magazines for the school library.

Emma H. Kaskel Fund \$1,000.00

Founded by Mrs. Emma H. Kaskel. Income to be used to supply magazines for the school library.

Soloman and Betty Loeb Fund \$1,000.00

Founded by Soloman Loeb. Income to provide an annual prize to an outstanding student.

Daniel Kops Prize Fund \$1,000.00

Founded by Employees of the House of Kops in memory of Daniel Kops. The income to be applied to the awarding of an annual prize to the nurse in the intermediate class who holds the best record for bedside nursing and kindness to patients.

Sick Nurses' Fund \$8,700.00

Established by directors of the School and the Trustees of the Hospital and contributed to by them from time to time.

Income and principal used to defray the expenses of graduate nurses and students of the school while sick and not confined in Mount Sinai Hospital.

The Isabella Freedman Fund \$1,500.00

The interest from fund to be used annually for one or two awards to students in the graduating class who have shown marked ability, proficiency and interest in their work.

Pension Fund of the Mount Sinai Alumnae Association \$200,000.00

Established to provide pensions to nurses after many years of service.

With the aid provided by these funds the school is able to bring about the best possible conditions in study, work and play for its students. Only those who have observed the actual application of these unusual resources can realize how much is accomplished toward contentment and happiness of the students and hearty coöperation between the student body and those responsible for the management of the school.



Post Office and Information Desk



Open Roof

REQUIREMENTS FOR ADMISSION AND GRADUATION

GENERAL DESCRIPTION OF THE COURSE
OF INSTRUCTION OFFERED TO CANDI-
DATES FOR THE DIPLOMA IN NURSING

REQUIREMENTS FOR ADMISSION

Education

Candidates for admission to the School of Nursing must be graduates of accredited high schools or other preparatory schools, with records showing their work has been of satisfactory grade. Credit of time will be allowed graduates from approved colleges. The amount of credit will depend upon the subjects studied during the college course and the candidate's capacity to carry the work in the School of Nursing.

Health

Candidates must be organically sound and functionally normal. It is especially important that the eyes, teeth, nose and throat are in good condition. The statement required with the candidate's application from her physician is expected to give a complete and true estimate of her physical fitness.

Age

Candidates should be preferably between nineteen and thirty-five years of age. Exception to this limit is occasionally made when there is a difference of only a few months or when the applicant is particularly fitted for the profession.

Calendar

Classes will be enrolled in the months of September and February of each year.

Length of Course

The course of theoretical and practical instruction covers a period of three years. It is divided into a Preliminary term of six months, Junior term of six months. Second year, First and Second Semesters, six months each, and Third year, First and Second Semesters, six months each.

Application

A candidate wishing to enter the School of Nursing should apply to the Principal by letter or in person. Whenever possible a personal interview with applicant is desired. Those who find it possible to make personal application may see the Principal daily between the hours of 3 P. M. and 4 P. M., at other times by appointment.

A candidate making application by letter is requested to send a recent photograph with her credentials.

Selection of Students

The selection of Preliminary Students into the School of Nursing is determined by the Principal and the Faculty. Selection is based upon student's scholastic standing, health, and personal qualifications. At any subsequent period, the Board of Directors, upon recommendations of the Committee on Nurses and Instruction, may request the withdrawal of any student whose health, conduct, theory or practice fails to measure up to the required standards of the School.

Attendance at Classes

Attendance is required at all classes. Absences are excused by the Principal of the School only in case of illness or absence from the School.

Examination

Examinations written, oral and practical are held during and at the end of the course in each subject. The passing grade of the School is the same as the passing grade required by the Regents of the State Department of Education, 75 per cent. A student receiving a lower grade will be given the opportunity of taking a reexamination. A second failure in a subject necessitates repetition of the course and a third failure will be regarded as inability to meet the School's standard and necessitates the withdrawal of the student from the School. Careful and complete records of class work, laboratory work, examinations and of the general deportment of all students are kept on file.

Graduation

The diploma and pin of the Mount Sinai Hospital School of Nursing will be granted to students who have satisfactorily completed the course in theory and in practice. No student will be allowed to graduate who has not removed all conditions incurred during the course or at examinations.

Registration

In order to receive the title "Registered Nurse" (R.N.) graduates of the School are required to pass the Regents' Examination. This entitles them to the benefits of membership in local, State and National organizations.

Registry

The Mount Sinai Hospital School of Nursing maintains its own registry. There has been from year to year a steady in-



Large Lecture Room

crease in the number of calls for our nurses. Although the enrollment of graduate nurses on the registry averages at all times over three hundred, the request for graduates of this School is such that the demand is always in excess of the supply.

Religion

The School has no formal connection with any particular denomination. Students are encouraged to attend the churches with which they have been previously affiliated.

Weekly notices of church services of all denominations throughout the city are posted on the School bulletin.

Uniform Equipment

During the preliminary term probationers wear a uniform which they must provide at their own expense. After acceptance the students are required to wear the uniform of the School which is provided by the hospital free of charge. Students are not permitted to appear on the street in uniform at any time.

Directions for making preliminary uniforms and a list of the necessary requirements for entering the School of Nursing will be sent to each accepted candidate.

Expenses

There are no tuition fees. After the expiration of the first two months a monthly allowance of eight dollars is made to each student until graduation. The hospital provides uniform, cape, textbooks and instruments. Should the student for any reason leave the School before completing the course, she may not take any part of the equipment with her.

During the whole course of training the student is maintained at the expense of the Hospital. Other expenses depend upon the personal habits of the individual.

School Residence

Student nurses reside in the Nurses' Pavilion which is a separate building connected with the Hospital by beautiful corridors well heated and lighted. This is a very great advantage to the student especially in stormy weather. The home is equipped with all the modern conveniences and comforts, has also a large special outdoor rest room furnished with steamer chairs and cots. The bedrooms are comfortable, well lighted, heated and ventilated. Every facility is provided for study, recreation and hygienic living.



A Children's Ward

How to Reach the School Residence

Applicants who find it convenient to apply in person, but who may not be familiar with the city, can easily find their way to the Hospital by means of the surface cars or Fifth Avenue Bus Line or if preferred, by taxi service which in New York City is considered both safe and reasonable in price. The Hospital can be conveniently reached from the Grand Central Station on 42d Street by taking a northbound Madison Avenue car, and from the Pennsylvania Station by taking a 34th Street car going east to Fourth Avenue where a northbound Madison Avenue car can be obtained. Madison Avenue cars pass the Hospital at 100th Street. The Fifth Avenue bus runs directly from the Pennsylvania Station past the Hospital and is but one block west from the Grand Central Station at 42d Street.

Baggage

All baggage should be plainly addressed with name in full, care of The Mount Sinai Hospital School of Nursing, No. 5 East 98th Street, New York City, and should be sent prepaid.

HEALTH

Each student is given a medical examination early in her preliminary course by the Physician to the School, in order to ascertain her physical fitness for the profession. Other physical examinations are made periodically or as required.

Special attention is paid to the matter of normal weight and a monthly weight record is kept of all students. In illness all students are attended gratuitously by a physician appointed by the Board of Directors. Time lost through illness or through any other cause is required to be made up.

The School maintains a well equipped infirmary for the exclusive care of its students. Generous provision has also been made for the care during illness of nurses who have graduated from the Mount Sinai Hospital School of Nursing, which includes a room in the Hospital endowed for their use.

Hours of Duty

The student averages eight hours per day on the wards,—fifty-two hours per week. Two half days each week are allowed off duty, one on a week day and a half day each Sunday.

Vacation

Four weeks' vacation is allowed each student during the first year, and four weeks during the second year. These vacations

are planned as nearly as possible to come between the first of May and the last of September.

Leave of Absence

Students will not be excused during the course to nurse relations at home, or to absent themselves for other personal reasons; absence is allowed only in extreme cases, and for a limited time. If for any reason a student is obliged to be away from the School for a period exceeding four weeks, the date of her return and her class standing upon her return will be determined by the Principal of the School.

Student Activities and Social Advantages

The School supports a complete department of physical education under a special director and assistants. Instruction in tennis, swimming, dancing, corrective gymnastics and games presents situations which aim to meet individual needs and interests for health, a more worthy use of leisure time and better citizenship.

Under direction of this department and student leadership there is a Recreation Athletic Clubs Association, which includes a Glee Club, Drama Club, Literary Club and Outing Club, all offering opportunities for social enjoyment and improvement. A point system is used in recognition of coöperation, personality and success.

Realizing the value of relaxation and of recreative interest and thought, and that good spirits are as essential to success in nursing as in other lines of work and study, a special effort is made to encourage all wholesome diversions. A Trustee of the School has established "A Pleasure Fund" of ten thousand dollars, the income of which is used by the students for their entertainment. Dances are given during the winter to which the nurses have the privilege of inviting friends. The Commencement Exercises are followed by a reception and dance given in honor of the graduating class. Small affairs arranged by the students themselves are encouraged. Three pianos, radios and victrola are furnished for the use of the nurses. Two tennis courts and a well-equipped gymnasium are also available.

A substantial vacation and recreation fund makes possible many unusual and interesting school features.

The Student Council consists of the officials of each class, together with six other representatives of the student body. Practically all the social activities of the Nurses' Home are in charge of this Council.

The City of New York offers many points of interest and instruction with a variety of opportunities for the enjoyment

of art and music; students of the School are encouraged to use these opportunities for the cultivation of intellectual interest that will help make them not only good nurses but broader and more cultured women.

A reference library has been endowed by a friend of the Training School. This library contains over 500 carefully selected volumes which supplement the class work and enable any student to pursue advanced study while in the school. In addition there is a library of standard fiction, to which the nurses have access at all times. Magazines and papers supply general information and keep the students interested in current events.

Loan Fund

A generous student Loan Fund may be drawn upon by any nurse needing financial assistance during her nursing course.

EDUCATIONAL FACILITIES

Probably no School of Nursing in the world has such generous space set apart for educational purposes nor such commodious or favorably planned facilities as those which are now available for our use.

The area of the principal classroom floor is 12,000 feet. This is exclusive of the large assembly hall and of the classrooms of the Department of Domestic Science which are in the Hospital proper, adjoining Special Diet Kitchen. There are three general class or lecture rooms, the largest of which can seat 150 students. The Nursing Laboratory is of equal size and is beautifully equipped for teaching practical nursing to students and the Science laboratory is well-equipped, spacious and airy. There are two studies; one for the younger and one for the older students, a well-stocked reference library, Massage and Bandage teaching classrooms and offices for the instructors.

The Domestic Science department, also modern and well-equipped, comprises a large science or cookery classroom, a general classroom, a diet kitchen and a dietitian's office.

The educational department is equipped throughout with the latest and most scientific equipment. Every opportunity and encouragement is given the student nurse to prepare herself in a thoroughly scientific manner to be a worthy representative of the nursing profession.



Study Room

SCHOOL OF NURSING

A SCHEDULE OF THE CURRICULUM
As Arranged in Years and Subjects

SUBJECTS	4 Mos. Prelimi- nary Course Hours	8 Mos. First Year Hours	12 Mos. Second Year Hours	12 Mos. Third Year Hours	Total Hours
Nursing Procedures	92	30	122
Nursing Principles	15	15	30
Supervised Practice	40	40
Anatomy and Physiology	60	30	90
Chemistry	30	30
Physical Education	15	15
Personal Hygiene	15	15
Community Hygiene and Sanitation	15	15
Bacteriology	30	30
Elementary Pathology	15	15
Drugs and Solution	25	25
Materia Medica	20	20
Bandaging	15	15
Nursing Ethics	15	15
History of Nursing	15	15
Psychology	15	15
Dietetics and Cookery	45	45
Dietotherapy	24	24
Pediatrics:					
Doctors' lectures	15	15
Nurse Instructor	15	15
Nursing in Medical Diseases:					
Doctors' lectures	20	...	20
Nurse Instructor	10	...	10
Nursing in Surgical Diseases:					
Doctors' lectures	20	...	20
Nurse Instructor	10	...	10
Massage	15	...	15
Obstetrics and Gynecology	30	...	30
Mental and Nervous Diseases:					
Doctors' lectures	18	...	18
Nurse Instructor	14	...	14
Operating Room Technique	45	45
Communicable Diseases:					
Doctors' lectures	9	9
Nurse Instructor	6	6
Occupational, Skin and So- cial Diseases:					
Doctors' lectures	9	9
Nurse Instructor	6	6
Diseases of the Eye, Ear, Nose and Throat	8	8
Public Health and Social Service	15	15	...	30
Journal Club	15	15
Review Classes	15	15
Case Study	5	5	5	15
Total Hours	427	154	157	163	901

ELECTIVES

Willard Parker Hospital	65 hours	Henry Street Settlement	64 hours
Bloomington Hospital	113 hours	Social Service—Mt. Sinai Hospital . .	20 hours

INFORMATION CONCERNING COURSE OF INSTRUCTION

Preliminary Period

This course covers the first six months and is designed to make the training thoroughly practical, as well as sound in theory, in the elementary nursing procedures. The student is introduced gradually to the more responsible duties of nursing in preparation for regular service in the wards at the end of the preliminary period.

Instruction is given chiefly by class recitations, demonstrations and laboratory work. The students are made familiar with the various appliances and utensils used in the care of the sick. They are permitted to be on the wards only three hours daily, during which time they are under constant direction and observation. The practice work at this time is intended to give a solid background for class work and to demonstrate the application of methods taught in the classroom.

A demonstration of practical nursing procedure is given by the students at the end of their preliminary term as a test of their fitness to undertake nursing responsibilities in the wards of the Hospital. Written examinations and special tests are also conducted at regular intervals.

Junior Term

At the beginning of the Junior Term the students enter the wards as assistant nurses and are expected to perform such duties as may be assigned them. Recitations and demonstrations are continued in the classroom at stated hours, the nurses being relieved from their ward duties during such periods. More advanced nursing procedures are studied, and courses in *Materia Medica* and *Urinalysis* are added to those subjects continued from the preliminary term. A four-week service in the diet kitchen is given each student.

Second Year

During the second year lectures and instruction are given in surgery, medicine and pediatrics, and the principles and practice of massage taught. During this year each student is afforded the opportunity for special practice in the care of private patients and for an intensive course in obstetrics at one of the affiliated maternity hospitals.

Third Year

In the third year a thorough course of training in operating room work is given each senior student. Lectures and demonstrations are continued and the most advanced nursing subjects

are brought before the student. Opportunities for elective work are offered in district nursing, in medical nursing, in social service, in contagious and mental nursing and along executive lines in the management of wards.

DESCRIPTION OF COURSES

The Principles and Methods of Nursing

This course is intended to develop in the student a sound knowledge of the fundamental principles underlying all nursing procedure, to stimulate a sympathetic interest in the patient, to develop manual dexterity and to establish a uniform finished and intelligent ability to deal with all nursing duties or problems.

Instruction in the principles and methods of nursing begins in the preliminary course and extends in various forms practically throughout the entire three years.

During the preliminary period the student receives daily instruction in the class or demonstration room in the simpler nursing procedures and the principles underlying same. She is required to show a fair degree of proficiency before being permitted to practice such procedures in the wards of the Hospital. Until she has acquired sufficient skill and proficiency to be entrusted with the more technical and responsible nursing treatments her work is restricted to those nursing measures which she can clearly understand and perform with safety.

This course includes introduction to all hospital nursing duties, bed making, baths, general and special care of bed patients, observation and study of symptoms, reports and charting, medical, surgical and gynecological nursing, special treatments, emergencies, medical and surgical, etc.

Anatomy and Physiology

Instructor—Miss Ekey.

A course planned to give the student a practical working knowledge of the structure of the human body and its various functions in order to prepare her for the study of hygiene, dietetics, materia medica and allied subjects; also to teach the correct use of ordinary scientific names and terms and to encourage their use. The skeleton is used for the demonstration of bones; the manikin and charts for the study of organs. Preserved specimens and fresh animal specimens are used for dissection and microscopic slides to illustrate the minute structure of tissues. (First Year.) Lectures—recitations and laboratory.

Preliminary term	60 Hours
Junior term	30 Hours



Science Laboratory

Chemistry

Instructor—Miss Ekey.

A course intended to give the student the fundamental principles which will serve as a basis for a better understanding of physiology, dietetics, materia medica, etc., to teach her to reason by emphasizing the place of chemistry in everyday life, and to train her to apply such principles to her actual nursing and hospital problems. (First Year.)

Lecture—demonstration and laboratory 30 Hours

Community Hygiene and Sanitation

Instructor—Miss Crouch.

To teach the student the importance of good health to herself and to others; to impress her with the importance of prophylaxis; and to give her a definite working knowledge of methods of protection and prevention so that she will realize her responsibility in the education of the public in methods of right living.

This course also stresses conditions necessary to health, water supply, air, and ventilation, disposal of wastes, protection of food supplies, practical household hygiene and principles of personal hygiene. (First Year.)

Classes, lectures, quizzes and excursions 15 Hours

Bacteriology

Instructor—Miss Ekey.

A study of the characteristics and habits of micro-organisms, intended to teach the student to protect herself, her patient and the public from infection, and to emphasize through laboratory demonstration the necessity of surgical asepsis, through cleanliness and proper environment. (First Year.)

Classes, recitations and laboratory demonstrations . 30 Hours

Elementary Pathology

Lecturer—Dr. Rabin.

Dealing with processes of degeneration and regeneration with instruction in the preparation, examination and record of result of laboratory tests. The value of the course to the student is that it enables her to better understand changes which have occurred in the body through disease and the best mode of treatment in such cases. (Senior Year.)

Lectures and laboratory 15 Hours



Linen Room—Section of Nursing Laboratory



A Lesson in Bed-making

Physical Education

Director—Miss Crozier.

The aim of this course is to provide opportunities in physical education activities to meet individual needs and interests. The course includes gymnastics, dancing, corrective gymnastics, and swimming. Special emphasis is given to corrective gymnastics through laboratory study of faulty posture, lateral deviations of the spine and weak feet, with discussion of their etiology and adaptation of exercise as means of prevention and correction. (First Year.)

Lecture and laboratory 15 Hours

Personal Hygiene

Instructor—Miss Crozier.

The aim of the course is to provide educational information which will aid in the establishment of health habits and to study factors of importance in maintaining the proper functioning of the digestive, circulatory, respiratory and nervous systems and thus try to awaken a consciousness of individual responsibility to the meaning of hygiene in our effort for improvement in the quality of human life. (First Year.)

Lecture 15 Hours

Drugs and Solutions

Instructor—Miss Crouch.

The study of drugs and solutions is intended to familiarize the student with the appearance and use of drugs and solutions which she may be called upon to handle in her preliminary and junior work; to teach her common terms and symbols, and prepare her for her course in materia medica; also to teach her the correct preparation and use of the stock solutions commonly found on wards. (First Year.)

Classes, quizzes and laboratory demonstrations 25 Hours

Materia Medica

Instructor—Miss Crouch.

The study of drugs from the standpoint of their therapeutic action emphasizing the accurate and intelligent administration of medicine and the observation and report of results; to teach the nurse sufficient knowledge about the therapeutic action of drugs to enable her to coöperate intelligently with the physician in securing desired results; and to familiarize her with toxic drugs and doses in order to safeguard the patient from possible errors. (First Year.)

Lectures and laboratory 20 Hours

Bandaging

Instructor—Miss Fisher.

The student is taught the fundamental principles of good bandaging, materials used, methods of making and of application, care, use, etc. Also the application of splints, treatment of hemorrhage and emergency care of wounds. (First Year.)

Laboratory, classes and practice 15 Hours

Nursing Ethics

Instructor—Miss Greener

An introduction to the principles underlying professional conduct. The object of the course is to enable the student to better realize her obligations to herself, to her coworkers, patients, physicians, to her School and to the community which she chooses to serve. (First Year.)

Lectures and class discussions 15 Hours

History of Nursing

Instructor—Miss Lyle.

A survey of the history of the nursing profession, tracing its development from the early beginnings to the present and its progress under religious, military and secular influences. It is designed to place before the student a helpful inspiration by making her familiar with the professional leaders' traditions and ideals. (Senior Year.)

Lectures recitations and collateral reading 15 Hours

Psychology

Instructor—Miss Lyle.

A course dealing with the fundamental principles underlying human conduct. Its aim is to help the student analyze her own motives for action, to develop intelligent self-control, to adjust gracefully to new environments, to interpret conduct with sympathetic understanding and to deal wisely with patients and coworkers. (Junior Term.)

Lectures and recitations 15 Hours

Dietetics and Dietotherapy

Instructor—Miss Coleman.

A course in Dietetics is given in the Preliminary Period which includes food principles, food composition and food values. The principles of cooking and the application of these to the promotion of health and the treatment of disease.



Nursing Laboratory

Dietotherapy in the senior year serves to correlate the work in dietetics, and nurses' experience with diseases of metabolism and diet in the treatment of disease. (First Year.)

Theory and practice 45 Hours
 First Year—Theory and practice 24 Hours

Pediatrics and Nursing of Infants and Children

Lecturers—Drs. Rost, Genzer and Kohn.

Instructor—Miss Ball.

Intended to teach the student the physical and mental development of normal children, the principal diseases which affect children, and how to apply properly nursing methods to sick infants or children; to give sound and thorough instruction in the preparation of infant feedings and the proper diet for sick children; to give the basic principles for future work in connection with the nursing care of children outside of the hospital, in milk-stations, welfare departments, schools, etc., and to secure the interest and coöperation of the nurse in the conservation of child life.

Course given in Junior Year.

Nursing of Children, laboratory periods 15 Hours
 Milk room and infant feeding 16 Hours
 Special Lectures 15 Hours

Medical Nursing

Lecturers—Drs. Eliasoph and Weinstock.

Instructor—Miss Goodine.

To give the student a practical understanding of the causes, symptoms, prevention and treatment of the commoner medical diseases so that she may skillfully care for her patient; to prepare her to give the more advanced nursing treatment and enable her to intelligently report effects of symptoms observed and change in patients' condition to physician.

The course deals with the general principles and treatment of disease of the circulatory, respiratory and digestive and excretory systems and with constitutional diseases. Medical emergencies are also considered. (Second Year.)

Lecturers and Clinics 30 Hours

Surgical Nursing

Lecturers —Drs. Edelman and Touroff.

Instructor—Miss Goodine.

This course gives the student a general idea of the principal surgical diseases, their symptoms and treatment. It is intended

to develop skill in elementary surgical procedures to establish a thorough understanding of the principles of surgical technique and to prepare the student to deal intelligently with surgical emergencies. The course deals with the pathology of surgical disease, the principles of asepsis and antisepsis, inflammation, wounds, fractures, common operations and the surgical nursing care of the patient before and after operation. (Second Year.)
 Lectures and clinics 30 Hours

Massage

Instructor—Miss Boyer.

This course gives attention to the form of treatment involving muscular manipulation of the body for general and local effects and teaches the nurse to do easily and intelligently such massage as is necessarily a part of her nursing duty. This course is not, however, intended to prepare the student for special work. (Second Year.)
 Lecture and laboratory 15 Hours

Obstetrics and Gynecology

To give the student the fundamental knowledge required in the nursing care of obstetrical patients and infants. To prepare her to advise and instruct mothers in the care of their own health both before and after childbirth, and in the conditions necessary for the rearing of healthy children.

The course of instruction deals with normal and pathological pregnancy, the management of labor and the care of mother and child during puerperium. The training is given in affiliating hospitals. (Second Year.)
 Lectures and clinics by obstetrician.
 Classes and demonstrations in maternity wards.
 Delivery rooms and nurseries 30 to 55 Hours

Mental and Nervous Diseases

Lecturers—Drs. Oberndorf and Ira S. Wile.

Instructor—Miss Witte.

To stress the relationship between mental and physical illness, to teach underlying causes of mental diseases and disturbances with modern methods of treatments available, both in hospital and community, to teach the nurse observation of symptoms through the behavior of patients so that early signs of mental disturbance may be understood and appreciated and to prepare the nurse to give active and intelligent coöperation in dealing with such cases and in appreciating activities for the prevention of mental illness. (Second Year.)
 Lectures and special clinics 32 Hours

Operating Room Technique

Instructor—Miss Porter.

Deals with the organization and administration of operating room service and gives the student a good scientific basis for surgical and operative procedures; familiarizes her with all nursing measures in connection with same; teaches her the use of operating room equipment, the preparation and care of suture material, instruments, dressing, drums, etc., and prepares her by special, individual instruction to assist the surgeon at operations, passing instruments, sutures, etc., if desired. (Senior Year.)

Lectures and clinics 45 Hours

Communicable Diseases

Lecturer—Dr. Henry Berg.

Instructor—Miss Brown.

Deals with the special symptomatology and pathology of communicable diseases, their nature, the importance of early recognition of symptoms and methods of nursing especially stressing preventive treatment.

The social and economic aspect of the question and the nurses' responsibilities and opportunities for educational work are especially emphasized. (Senior Year.)

Lectures and special clinics 15 Hours

Occupational, Skin and Social Diseases

Lecturer—Dr. Hyman.

Instructor—Miss Lyle.

Intended to familiarize the student with the outstanding features of the disease in question so that she may be prepared to give such cases intelligent nursing care and assist in preventive treatment; also to stress the social significance of these diseases and the importance of removing or reducing social and economic causes of same. (Senior Year.)

Lectures, classes and clinics 15 Hours

Eye, Ear, Nose and Throat Diseases

Lecturers—Drs. Wolf, Meyerson, Rosen.

Instructor—Miss Goodine.

The object of this course is to give the student an understanding of the care and treatment of the eye, ear, nose and throat in normal and abnormal conditions, and to enable her to give satisfactory nursing care in disease or following operative treatment. (Senior Year.)

Lectures and classes 8 Hours

Public Health and Social Service

Director—Miss Lissauer.

The course in Public Health Nursing and Hospital Social Service deals with diseases and poverty, organization for relief and care of dependents, public sanitation, housing and relief agencies, race characteristics and other sociological problems.

Each student in the school has the opportunity for three months' actual personal experience in Public Health work, either in the departments of the Hospital or in special affiliated agencies. (Second Year.)

Lectures, classes, conferences and excursions with head
of Social Service Department 15 Hours
Lectures by special experts on above subjects 15 Hours

Journal Club

Director—Miss Crouse

This course deals with special problems which the student frequently meets in connection with her nursing work, private duty nursing, nursing history, nursing organizations, their function and purpose. The organization and management of hospitals, etc.

Senior Year 15 Hours

Case Study

Directors—Miss Goodine, Miss Lissauer.

Case Study correlates the ward practice with classroom teaching, it encourages interpretation of signs and symptoms, fosters growth of a scientific attitude and improves the actual nursing care of patients by stimulating a keener interest in individual care. (First, Second and Third Years.)

Classes and special clinics 15 Hours

Review Classes

Instructors—Miss Crouch, Miss Goodine, Miss Ekey.

A series of special classes for review work in preparing student for State Board Examinations is held three times a year by the various lecturers and instructors of the Training School. Course given in senior year.

Special lectures, classes and laboratory demonstra-
tions 15 Hours



Dormitory Floor Kitchenette

CLINICAL EXPERIENCE AND INSTRUCTION

In planning the course of actual nursing practice for the student it is recognized as an important factor that experience in general medical and surgical nursing should precede experience in special branches calling for a higher degree of skill and adaptability. The student demonstrates her fitness for advancement in such work by the deftness, self-reliance and resourcefulness she displays and by her ability to apply her theory and adapt herself to the various and ever changing nursing needs of the hospital. In the performance of such duties, a sound knowledge together with high ethical standards are essential if the student is to make successful daily contacts.

Medical Nursing

Opportunity for valuable and extensive nursing experience is afforded in the various medical departments of the hospital. Not only does the student become thoroughly familiar with the more common forms of medical and infectious diseases but she also has contact with all the newer and more scientific aspects of such nursing with the opportunity for observation and study of highly specialized medical work. Supervised practice on medical wards, approximately five months.

Surgical Nursing

This practice is given in the surgical departments of the Hospital. The general surgical wards provide a wonderful field for experience in every branch of surgical work. Nurses are taught the care of ante-operative and post-operative cases, the care of wounds and fractures, the preparation and care of examining rooms, dressing-carriages, trays, infusion stands, and many other surgical procedures. Supervised practice on surgical wards, approximately five months.

Gynecological Nursing

This time is spent in the gynecological departments of the Hospital, and gives opportunity for nursing experience of great value in this special branch of surgery. From six weeks to two months' time is spent in this department.

Operating Room

Each student has at least two months' actual experience in operating room work. A special full-time instructor of nurses employed for that purpose gives daily clinics to students in every branch of operating room procedure from the preparation and care of operating rooms, surgical dressing, gloves, etc., to the work of actually assisting at operations.

Nursing in Diseases of Infants and Children

This course covers the nursing care of infants and of children up to the age of twelve years. It includes both medical and surgical service. Opportunity is also given for experience in the preparation of infants' feeding. Three months' time is devoted to this work.

Obstetrical Nursing

This course is given in Sloane Hospital for Women of New York City, which is affiliated with this School. The student resides during this period at the affiliating hospital, and has a three months' intensive course of training which includes instruction in both theory and practice in this subject. In addition to the nursing experience with mothers and infants the nurses have, under graduate supervisors, the actual responsibility of delivery and operating rooms. Nurses are taught the preparation, cost and care of necessary supplies for pregnancy, and in the outdoor department of these hospitals have the opportunity under supervision for obstetrical work in the homes of the poor.

Special Opportunities or Electives

Opportunity for practical nursing experience in special diseases such as eye, ear, nose, throat, skin, physical therapy, etc., is afforded in the special departments of the hospitals and dispensary. This is a great advantage to nurses who are planning for school nursing or other public health work. Elective courses of not less than three months are arranged for nurses especially interested in such work or in Hospital Social Service Work. The School has also affiliations with the Henry St. Settlement, with Willard Parker Hospital and with the Bloomingdale Hospital for a limited number of students who desire to select electives along special lines.

ADVANTAGES PECULIAR TO THE PROFESSION FOR NURSING

Nursing is the best possible preparation for woman's special sphere, homemaking and motherhood. The nurse is sure of expert care if she is ill during the period of training. She is sure of occupation as soon as she is graduated, and, except for private nursing, requires no equipment. She can practice her profession in almost any part of the world. It is the least expensive of professional courses.

In order to become a successful nurse one needs an alert and

understanding mind, good health, good disposition, a good education, a genuine interest in human and social problems and the desire to make one's life count for something worth while.

In no other line of work for women in the world is there greater variety of opportunity from which to choose. The choice lies mainly in three great fields each with its peculiar attractions and possibilities, namely:—

Executive Nursing work in hospitals, schools of nursing or similar organizations.

Public Health Nursing.

Private Duty Nursing.

Probably the best known of these three types of nursing is that of bedside or private duty nursing in which the nurse works in the home or hospital, devoting her time and effort to the care of individual patients. The demand for such work is constant and affords opportunity for many pleasant and social and professional contacts, but it must be remembered that this form of nursing unlike other branches of nursing work does not usually offer opportunity for advancement as the years go by.

To the graduate registered nurse having exceptional ability and willing to continue her education, broad and interesting opportunities are presented in the field of executive work, some of which are enumerated below:

Dean or Principal of Schools of Nursing.

Educational Director.

Superintendent of Hospitals.

Supervisor of Special Departments.

Head Nurse of Special Departments.

Instructor in Sciences in Schools of Nursing.

Instructor in Practical Procedures in Schools of Nursing.

Social Service Worker.

Social Director in Schools of Nursing.

Among attractive Public Health Opportunities are:

Settlement or District Nursing.

Infant and Children's Welfare Work.

Industrial Nursing.

Rural or Community Nursing.

Among the attractive special fields of nursing activity are:

Red Cross—Army and Navy Nursing.

Missionary Nursing.

Residence Nurse—School or College.

State and Municipal Health Department Nursing.

Registrar of Nurses' Official Registry.



Main Foyer—Nurses' Home, Looking East



Special Sewing Room for Student Nurses

ALUMNÆ ASSOCIATION

The Mount Sinai Alumnæ Association was organized in 1893. It has a two-fold object: to hold together the graduate body and to care for its members when ill.

The Society after twenty-five years of successful existence has a membership of over six hundred. Meetings are held monthly during nine months of the year in the nurses' home. After each meeting tea is served and a social hour spent.

The Association is affiliated with the County and State Organizations as well as with the American Nurses' Association.

Through the generosity of Mr. Max Nathan a comfortable room known as the "Alumnæ Room" has been endowed in the Hospital where nurses may have the advantage of skilled medical and nursing care.

Provision for old age is another problem which has received attention. With the assistance and advice of the Directors of the School of Nursing a Pension Fund has been established. While still in its infancy this fund now amounts to approximately two hundred thousand dollars. The income is applied to the payment of pensions to those who are eligible.

A bulletin is published by the Society containing the minutes of each meeting, items of interest to the graduates and special medical and surgical articles.

It is the aim of the Association to interest the pupil nurse in Alumnæ affairs from the beginning of her course in training to the time of her graduation. The Society realizes that only in this way can its ranks be strengthened and the scope of its work broadened.

The Mount Sinai Hospital School of Nursing numbers over sixteen hundred graduates. Only twenty-five of these sixteen hundred nurses have to our knowledge given up the profession of Nursing to engage in other lines of activity.

- 45 per cent of the total number are married.
- 30 per cent are practicing Private Duty (6 per cent of whom are numbered among our married group).
- 8 per cent are engaged in Public Health Fields.
- 9 per cent are holding Institutional Positions.
- 3 per cent, address and type of work unknown.
- 5 per cent deceased.

SPECIAL ADVICE TO CANDIDATES

Candidates should select most carefully the school in which they desire to take training, as there are great differences in schools of nursing. They should always seek to enter the best school to which their qualifications entitle them.

The best schools are those that furnish the greatest opportunity for medical and clinical experience, the best equipped teachers and classrooms, that do not overwork their pupils, that furnish good living conditions, that look after sick nurses carefully, and that prepare pupils adequately for more than one branch of nursing.

Poor schools are those that exploit the pupils in order to obtain for themselves cheap nursing service; that offer inadequate educational opportunities; that fail to meet registration requirements or the standards that are recognized by the Red Cross, Army and Navy Bureaus.

The following considerations often mislead candidates:

Shortness of courses offered.

Payments of large monthly allowances.

Advertising methods.

If in a state or country where nurses are registered, see that the school is recognized by the State Board of Examiners, otherwise it would be very difficult to have any standing in the profession.

CREDENTIALS

An applicant for admission to The Mount Sinai Hospital School of Nursing must present the following credentials in the order listed below, before her application is considered complete:

1. Transcript of record of work done in secondary schools.

University blanks provided.

2. Application Blank.

The Mount Sinai Hospital School blank provided.

3. Physician's Certificate.

The Mount Sinai Hospital School blank provided.

4. Photograph of Applicant.

